2025-2026 MHI Report

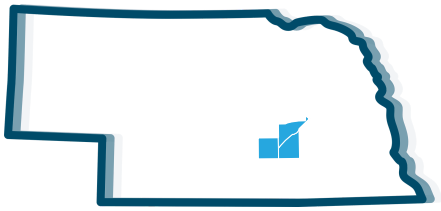
Central District Health Department (CDHD)

Hall, Hamilton, and Merrick counties



$113,620
FY25-26 MHI Award

24,835
MHI-eligible Residents



DISTRICT PROFILE

Total Population **79,722**

29% ages 0-19
17% ages 65 & up



4.4%
Veteran Population

12.5%
Persons with disabilities

28%
Speak languages other than English

32.9% Minority Population

MHI WORK PLAN

CDHD's MHI work focused on expanding access to culturally and linguistically appropriate mental health, workforce, and community resources. Strategies included targeted Spanish-language outreach, community engagement, bilingual workforce support, peer connection opportunities, and mental health education.

COMMUNITY IMPACT

CDHD increased engagement with Spanish-speaking and bilingual residents through outreach and community-based programming. CredibleMind use among Spanish speakers increased 103%. CDHD also held 16 Grupo Cafés, hosted nine First Friday sessions reaching 115 individuals, and offered three Spanish-language Mental Health First Aid classes with 23 participants. The first Welcoming Week event connected 22 individuals representing 15 organizations, while five CNA scholarships supported local bilingual residents pursuing training.

HIGHLIGHTS

103% More Spanish CredibleMind Use

Outreach and advertising increased access among Spanish-speaking residents.

22 Welcoming Week Participants

The first event brought together individuals representing 15 organizations.

115 Residents Reached On 1st Fridays

Nine sessions were held at the Grand Island Public Library.

5 CNA Scholarships Awarded

Scholarships supported local bilingual individuals pursuing CNA training.

Central District HEALTH DEPARTMENT

Nationally Accredited

cdhd.ne.gov
(308) 385-5175
We speak English & Spanish!